October 25, 2010

Dear Parents of Young Women –

As leaders of your precious daughters, our primary goal is to help them come unto Christ and know who they are--that they are literal daughters of a Heavenly Father who knows them and loves them. We try to do this through example and encouragement as well as through lessons and activities. But as in all things, we know it is up to them to gain a testimony of these truths for themselves. We have planned a week-long activity that will hopefully help them personally gain a testimony of who they are as daughters of God. We would like to invite your family to also be a part of these special activities.

From Sunday, October 31<sup>st</sup> to Sunday, November 7<sup>th</sup>, we have planned lessons and activities that focus on the divine origin and destiny of your daughters (see attached calendar). Each day they will open an envelope that contains a thought, story, poem or song that helps them understand their great worth and identity. The culmination of our week will be a fast specifically for your daughters. All of the YW leaders in our ward, the bishopric, the ward council, the Stake Young Women presidency and each of you as parents are invited to join with us in fasting for your sweet girls.

We will also ask each of the young women to participate in the fast, to gain for themselves a personal testimony that they are daughters of God and to know what that means for them individually. We know fasting to be a great tool for gaining a confirmation of truths through the power of the Holy Ghost, and we hope that this experience will not only help your daughters see clearly their divinity, but also set a precedent for those times later in life when they will need to seek heavenly guidance and direction, that they might turn to fasting and prayer to receive the answers they seek.

We believe that when each young woman has a testimony of who she is as a daughter of God, then the gospel principles are easier to understand and live. The foundation is then laid for your daughter to become a great woman of faith, to keep herself clean and pure and prepared to make and keep sacred covenants, to navigate the vicissitudes of life with clarity and understanding, and to feel with certainty the great purpose for her existence on this earth.

We love working with your daughters. We know of their great worth, of their amazing potential, and feel the responsibility of helping them see it, too. We hope you will participate in the upcoming events with your daughters, and with us help them understand who they truly are.

Sincerely,

Kelly Moody Amy Rex Karsen Cranney Nicole Erikson

- <u>Calendar</u> Sunday, October 31<sup>st</sup> Sunday, November 7th
- Sunday, Oct 31 3<sup>rd</sup> hour Presidency message and kick-off
  Each YW will be sent home with a packet of envelopes for each day. Help remind your daughters to read and journal about what they learn.
- Monday, Nov 1<sup>st</sup> Family Home Evening
  We are enclosing some ideas for you to use if you would like.
- Tuesday, Nov 2<sup>nd</sup> Special Combined Young Women activity 7pm.
- Saturday, Nov 6<sup>th</sup> Young Women Pizza dinner 4pm 5pm. All Young Women to Sister Moody's house for pizza. Start the fast together with prayer.
- Sunday, Nov  $7^{th} 3^{rd}$  hour Special Combined meeting in the chapel with parents The YW will sit in the first few rows and parents are invited to join us and sit behind them. This will be a chance for each YW to share her testimony, thoughts from the week, what she has learned or something she would like to share from her journal that week.

As soon as this meeting is over, all YW and their entire families are invited to break our fast together and a dinner. Watch for an evite for details.